David Meets Goliath: 1 Samuel 17:1-24, 31-50



Preschoolers typically have many fears.
Such fears can range from nonexistent monsters under the

bed to very real fears of Mommy and Daddy being mad at each other. All fears need to be acknowledged. Encourage children to share what they are afraid of, and then come up with ways to not be so fearful.

Explain that God can help us to be brave like David. Provide a flashlight or a night-light if your child is afraid of the dark. Look under the bed together to see that there are no monsters. Read Bible verses and reassure your child that God is always with us.



Proverbs 17:17

Find this verse in a family Bible. Write the Bible verse on a cutout paper heart. Place the heart in different locations. Each time the heart is spotted, shout the Bible verse.

This week, help your child remember: **God helps us to be brave.**



Bravery Stone. Create a visual reminder of how God helped David to be brave. Hunt for a midsize stone that can be decorated. Paint the stone using bright colors. Share a story about an experience when God helped you to be brave. Connect the story of David with the decorated stone. Place the stone where it can be a constant reminder of God's power to help us be brave.



Use these thoughts at mealtimes, bedtimes, or other times when you pray with your child this week.

Thank You, God, for helping us!

God, help me to be brave like David.

Thank You, God, for David's example in the Bible.

Articles by Wendy Wagoner

